

6th Annual



Saturday, April 21, 2012

Event begins at 9:00 a.m.

Iowa Speedway, Newton, Iowa



Iowa Speedway Foundation



- X Entry Fees:**

Dec. 15 – Feb. 15th	Feb. 16 – Race Day
8K: \$20	8K: \$35
Dash: \$20	Dash: \$20
8K and Dash: \$25	8K and Dash: \$45

Register online at www.active.com or send checks payable to the P.I. Foundation, P.O. Box 1449, Newton, IA 50208. Registrations postmarked by April 13 for either race will be guaranteed a long-sleeved T-shirt.

- X Packet Pick Up:** Early Packet Pick Up Friday, April 20th 5:30 – 7:00 p.m. at the Iowa Speedway Tech Center or Race Day Pick Up at Registration 6:45 a.m. – 8:45 a.m.

- X Participants receive** 6th Annual 8K T-Shirt and refreshments.

- X 8K prizes awarded** in 12 age categories: 18 and under, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69 and 70+. There will also be an overall First Place award for Male and Female participants.

- X 150yd Dash** will start at 10:30 a.m. Min. 3" heel height; max. 3" diameter. No wedges. Trophies awarded to first place man and woman.

- X Questions? Contact:**
Melissa Butler - 641-791-2846
melissa.butler@progressindustries.org

I am registering for: 8K Run/Walk 150yd Dash Both the 8K Run/Walk and 150yd Dash

I have enclosed _____ payable to PI Foundation OR

Please charge my credit card: Type - _____ Number: _____

Name: (Last, First) _____

Birthdate: _____ Age on 4/21/2012: _____ Sex: M F Shirt Size (Adult): S M L XL

Address: _____

City, State, Zip: _____

Phone: (Day) _____ (Evening) _____

Email: _____

Release: I know that participating in this race is a potentially hazardous activity. I should not enter and run in this race unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in club races including, but not limited to falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the 8K Committee, Iowa Speedway, Iowa Speedway Foundation, Progress Industries, PI Foundation, the City of Newton, Iowa, Jasper County and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in the race and/or activities even though liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose.

Signature: _____ Date: _____

Parent Signature if under 18 years: _____ Date: _____